



My Visit to the Dentist

Instructions: Read the social story with your child to learn the routine. Your child may also read the story independently.



Today I am going to the dentist.
My family and I will walk to a brick
building.



The dentist helps keep my teeth
clean and healthy.



I will be greeted and will check in
at the front desk.



I will have a seat in the waiting room.
There are toys there for me to play
with while I wait.



When my name is called I will
walk by rows of big chairs. One
of them will be mine to sit in.



I will have a seat in one of the
big chairs. It will move and lean
me back.



I will put on my sunglasses to help protect my eyes from the light.



I have the option of choosing a movie and wearing my headphones.



My dentist has to wear a mask, gloves, and glasses to look at my teeth.



I will open my mouth wide for the dentist to see. The dentist will check my teeth with special instruments.



I will wear a special jacket to take pictures of my teeth. The pictures are called x-rays.



I will get a new toothbrush and a special prize on my way to leave. I did a great job at the dentist!

WE LOOK FORWARD TO SEEING YOU AGAIN!